





Music 	P.E. 
Art 	Library 

Russell K-2 Specials' Challenge

Classroom.google.com

CODE is mr56dis

Name _____

DIRECTIONS: Students are to complete one activity per day. That should include 1 Art, 1 Music, 1 Library and 2 PE activities each week.

Join the Russell K-2 Special Area Google classroom to submit videos, pictures and turn in projects.

Save completed Challenge Board for when we return to school, or you can take a picture and email it or work to the special area teachers. Just see page 2 for our contact info!

Artworks can be made from any type of drawing materials, paper (such as junk mail, paper products), or everyday objects.

<p>Music</p> <p>Sing your favorite song from class to 3 or more people</p> <p>Initial _____ Date _____</p>	<p>Art</p> <p>Look at a photograph/picture and describe it to someone who can't see it.</p> <p>Initial _____ Date _____</p>	<p>PE</p> <p>Crab walk around the living room 5 times.</p> <p>Initial _____ Date _____</p>	<p>Library</p> <p>Read a book to a relative over the phone.</p> <p>Initial _____ Date _____</p>	<p>PE</p> <p>Skip count jumping jacks by 1's, 2's, and 3's</p> <p>Initial _____ Date _____</p>
<p>PE</p> <p>Toss your stuffed animal/soft object to a target (basket) 10 times with each hand. Then move back and try it again.</p> <p>Initial _____ Date _____</p>	<p>Library</p> <p>Read to a pet or a stuffed animal.</p> <p>Initial _____ Date _____</p>	<p>Art</p> <p>Trace your hand and use it to create something that is <u>NOT</u> a turkey.</p> <p>Initial _____ Date _____</p>	<p>PE</p> <p>Toss a ball or item of your choice into the air and catch it 100 times - counting by 5s.</p> <p>Initial _____ Date _____</p>	<p>Music</p> <p>Play freeze dance with your family.</p> <p>Initial _____ Date _____</p>
<p>Art</p> <p>Draw a picture of your bedroom.</p> <p>Initial _____ Date _____</p>	<p>PE</p> <p>Make up your own Freeze song or Pop See Ko.</p> <p>Initial _____ Date _____</p>	<p>PE</p> <p>Walk, run, jump, hop, skip, gallop, slide, and leap up and down your driveway or sidewalk. 10 times each skill.</p> <p>Initial _____ Date _____</p>	<p>Music</p> <p>Sing a song, and keep a steady beat in 3 different parts of your body. Or on a table, cup or box</p> <p>Initial _____ Date _____</p>	<p>Library</p> <p>Read while having a picnic.</p> <p>Initial _____ Date _____</p>
<p>PE</p> <p>Play Simon Says. Have different family members be Simon and see who has the best listening ears.</p> <p>Initial _____ Date _____</p>	<p>Music</p> <p>Interview a family member- what is their favorite music and why? Then listen to 3 songs in that style</p> <p>Initial _____ Date _____</p>	<p>Art</p> <p>Read a picture book and talk about the illustrations (the pictures).</p> <p>Initial _____ Date _____</p>	<p>PE</p> <p>Crazy 8s: Do 8 jumps, 8 frog jumps, 8 kangaroo jumps. Then repeat 8 times? What other animals can you jump like?</p> <p>Initial _____ Date _____</p>	<p>Library</p> <p>Make up a new ending to one of your favorite stories.</p> <p>Initial _____ Date _____</p>
<p>Library</p> <p>Read a book about an animal. Draw a picture of your favorite part.</p> <p>Initial _____ Date _____</p>	<p>PE</p> <p>With a partner, volley a balloon using your hands, arms, and head. Keeping it up in the air as long as you can.</p> <p>Initial _____ Date _____</p>	<p>Music</p> <p>Listen to a song that makes you feel calm. Tell someone why it makes you feel calm.</p> <p>Initial _____ Date _____</p>	<p>Art</p> <p>Make a family portrait.</p> <p>Initial _____ Date _____</p>	<p>PE</p> <p>Have a dance off with a family member to your favorite song.</p> <p>Initial _____ Date _____</p>

Russell Elementary Specials Area Teacher Contact Info

Music-

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PE-

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Additional Resources

Music	Art	PE	Library
<p>Music Play Online https://musicplayonline.com/ username: snow password: 2020</p> <p>Hands On Games & Songs Mrs. Barker YouTube channel - https://www.youtube.com/channel/UCn-4SWOgKN1pHzPzBnm9aAw</p> <p>Doodle Chaos https://www.youtube.com/user/DoodleChaos</p> <p>3D Music Animation https://www.youtube.com/user/audiosculptures</p> <p>Rhythm Trainer www.therhythmtrainer.com</p>	<p><i>***Artwork can be made from any type of drawing materials, paper (such as junk mail paper bags, cardboard, paper products), or any everyday objects***</i></p> <p>Art Activities: 27 Home Art Activities (theartofeducation.edu/2020/03/13/27-art-activities-and-lessons-to-try-at-home/)</p> <p>Digital Abstract drawing website Bomomo</p> <p>Just for fun- Just Dance! https://www.google.com/search?q=wii+just+dance+justin+bieber&rlz=1C1PRFI_enUS810US814&og=chrome.1.69i57j0l2j69i65.11939j0j7&sourceid=chrome&ie=UTF-8&safe=active&ssui=on</p>	<p>Kids Exercise: Burn Fat in 10 Minutes https://www.youtube.com/watch?v=N5qX--B1jlc</p> <p>Go Noodle https://family.gonoodle.com/</p> <p>Cha Cha Slide Basketball https://www.youtube.com/watch?v=xm2BCFyyMg</p> <p>Groove It Out w/ Shaun T https://www.youtube.com/watch?v=vx61SY920PI</p> <p>KidzBop Dance Along Videos https://www.youtube.com/watch?v=sHd2s saYsQ</p> <p>Freeze Song https://www.youtube.com/watch?v=kHoSRBUEiRo</p> <p>Pop See Ko https://www.youtube.com/watch?v=Pwn4beja1QE</p>	<p>https://www.harpercollins.com/childrens/dan-gutman-educators/</p> <p>http://daily.tumblebooks.com/ TumbleBook of the day.</p> <p>Library resources and password lists https://www.hazelwoodschools.org/domain/2844</p>